



About The Salt Path Film



- The screen adaptation of the best-selling memoir by Raynor Winn, starring Gillian Anderson and Jason Isaacs, directed by Marianne Elliott.
- Set against the stunning landscapes of the South West Coast Path, the film beautifully captures the rawness of nature, the challenges of the journey, and the profound connection between people and the natural world. It's a poignant exploration of survival, hope, and the power of the human spirit when faced with adversity.
- 30th May 2025 UK release Distributed by <u>Black Bear Pictures</u>
- 15th May 2025 Australia release
- TBC US release
- Key film locations on the SWCP: Minehead; Porlock; Hartland Peninsula; Clovelly; Newquay; Padstow; Rame Head.
- Go to <u>The Salt Path</u> for FAQs



About the South West Coast Path

The Salt Path is the name given by Raynor Winn to her and husband Moth's journey along the South West Coast Path – Britain's longest National Trail, and England's original coast path.

- <u>Raynor Winn</u> is an Ambassador of the South West Coast Path Association the charity that cares for, champions, and connects people to the South West Coast Path.
- The South West Coast Path was **designated as a National Trail in 1978**. It is one of 20 National Trails in England and Wales.
- The South West Coast Path is a 630 mile walking route that starts at Minehead in Somerset, runs along the Devon and Cornwall coastlines, and finishes at Poole, Dorset.
- The trail passes through 1x National Park, 5x National Landscapes, 2x UNESCO
 World Heritage Sites, 1x UNESCO Geopark, 1x UNESCO Biosphere
- The South West Coast Path is a freely accessible walking/hiking trail. It can be
 accessed from many points along its 630-mile route and can be walked in small
 sections or longer sections.
- The South West Coast Path is renowned for being one of the world's great trails with visitors coming from all over the world to walk it.
- In 2024 the South West Coast Path was named 'the world's happiest walk'.
- The South West Coast Path Association produces <u>The Official Guide to the South West Coast Path</u> and recommends a **52 day** itinerary to walk the entire 630 mile trail.
- To walk the South West Coast Path is the **equivalent of climbing Mount Everest**4 times!
- The South West Coast Path **costs on average £1,500 per mile per year** to keep it open and accessible for the **9 million visitors** that use it every year.
- For further information about the South West Coast Path go to: www.southwestcoastpath.org.uk



About the South West Coast Path Association

We are the charity that has for over half a century been championing the South West Coast Path to make it one of the world's great trails.



What We Do

- We provide vital information to help people explore and enjoy the Path.
- We raise funds to maintain and improve access to the Path.
- We protect the Path from the impact of climate change and build resilience to futureproof the Trail.
- We run <u>Coast Path Connectors</u>, a community engagement programme enabling more people to access the Path.
- We work with over 500 businesses along the SWCP route that enhance the journey for Path users alongside the <u>Coast Path Passport</u> scheme a Camino-style passport.



Key Messages

Plan Ahead

Walking the South West Coast Path is an incredible experience, but it can be challenging in places. We recommend our <u>website</u> for finding out all there is to know about the route and for helpful <u>Safety Advice</u>, before embarking on your adventure.

Health and Wellbeing

The South West Coast Path is a place for transformative journeys. Follow in Raynor and Moth's footsteps and experience the physical and mental health benefits of walking in the coastal environment. Discover more about the benefits of walking HERE.

Connect to Nature

The SWCP is a precious wildlife corridor with over 70% in a National Park or National Landscape. Help us to protect it for future generations. Find out more <u>HERE</u>.



Sustainable Transport

We are working with our partner <u>Great Western Railway</u> to encourage 'rail to trail' transport, creating itineraries that combine rail, bus, and ferry transport to access the South West Coast Path. Discover more:

Short Breaks by Train
Day Trips by Train

Overnight stays on the Trail

We work with a variety of accommodation providers along the South West Coast Path, including campsites, holiday cottages, hotels, B&Bs, and pubs. View accommodation options <u>HERE</u>.

Leave only footprints

Follow the <u>Countryside Code</u> and visit the Path responsibly. The Path traverses fragile and diverse habitats, please take care when walking and help us to protect this important wildlife corridor – leave only footprints.



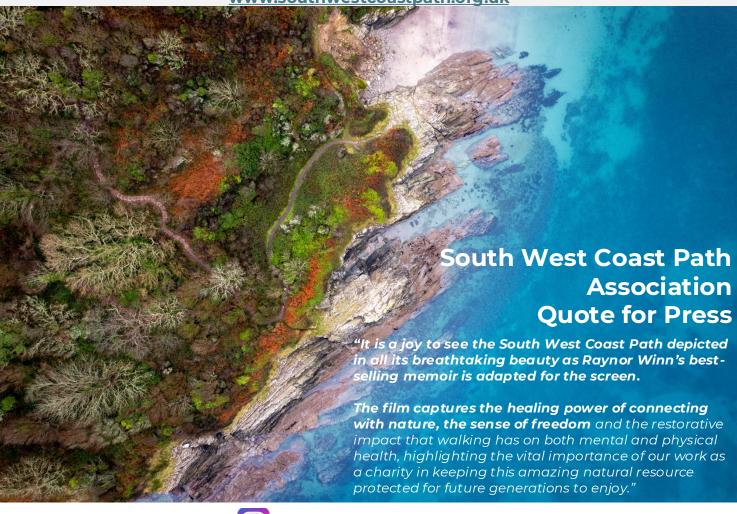
Contact Information

The South West Coast Path Association

Press Images of the South West Coast Path Interviews about the South West Coast Path

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➤ Sign up for the South West Coast Path monthly e-news <u>HERE</u>



Other Useful Contacts

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South West Coast Path
Photographer of the Year
Exhibition

22 May – 19 June 2025 Paddington Station, London





